



INDIAN SOCIETY FOR APPLIED BEHAVIOURAL SCIENCE



ISABS programs focus on human processes and utilise T-group and experience-based learning as its main training methodology. Experiencing and reflecting on one's habitual behaviors, conceptualising and experimenting are the steps in this process of learning. T-group programmes (BLHP & ALHP) focus on building competency in personal effectiveness and making it available for organizational and societal development.

Typically, a group of around 10-12 participants work together along with facilitator/s to learn about human processes. This helps in deeper self-awareness, discovery of their strengths, their styles, the effectiveness of their interpersonal and group interactions, how they perceive others and are perceived by others, etc.

ISABS is the only organisation in India which offers accreditation in T-group facilitation.

ISABS Southern Region *presents* **BLHP & ALHP Labs**

Dates: **09 to 14 February 2026**

**Venue: The Kodaikanal Club, 7, Road Junction,
Kodaikanal - 624 101.**

<https://www.thekodaikanalclub.com>

www.isabs.org



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Labs offered:

Basic Lab on Human Processes (BLHP)

This is an entry level lab meant for those who are interested in enhancing sensitivity to self and others, interpersonal effectiveness and exploring one's potential. Individuals from diverse background are welcome to participate. The BLHP labs are offered in English, Hindi, Kannada, Malayalam, Tamil and Telugu.

To know more about BLHP objectives and who BLHP is for, please visit <https://www.isabs.org/t-group.html>

Advance Lab on Human Processes (ALHP)

This next level lab is meant for enhancing self-awareness, improving interpersonal effectiveness and understanding group dynamics. This lab is open for individuals who have completed BLHP /ECHO1 or its equivalent not more than two years ago. The ALHP labs are currently offered in English.

To know more about ALHP objectives and who ALHP is for, please visit <https://www.isabs.org/t-group.html>

T-Group Benefits and learning focus:

Learning Focus	Likely Individual benefits	Likely Organisational benefits
Self-Awareness	The individual becomes aware of her/his emotions, strengths and weaknesses.	S/he accurately assesses herself/himself and develops self-confidence to perform organisational tasks.
Leading Self	The individual develops the capacity to effectively manage her/his motives and regulate their behaviours	The payoff for the organisation is enhanced individual potential with self-control, trustworthiness, conscientiousness, initiative, ability to adapt and effectively influence others
Group Process and/or Social awareness	The individual develops the capacity to understand what others say and feel and why they feel and act as they do.	This results in improved empathy, organisational awareness and service orientation
Inter-personal / Group process skills	This capacity enables the individual to offer and receive feedback and get desired results from others and reach personal goals.	As a result, the individual is able to develop others, provide leadership, influence, communicate effectively, becomes a change agent, manage conflicts, build teams and collaborate.

Fee Details:

Fee is INR 60,000/- + 18% GST

(Fees include boarding and lodging on a twin-sharing basis)

Professionals, freelancers, members of organizations, whether for-profit or not-for-profit, homemakers, students, and anyone else interested in personal growth and development through higher self-awareness are welcome to participate. We strive to have a diverse community of learners in our event with **attractive fees and availability of scholarship/financial support** to those in need of the same.

- For participants who require financial assistance, the fees will be based on the type of accommodation and other relevant details.

Please call Lalitha- 94817 81804, Hema-9686454232 or write to rc.south@isabs.org

Bank Transfer:

Account Holder Name: Indian Society For Applied Behavioural Science, Bank Name: Canara Bank , Branch: Green Park Extension
Account Number: 90482010083153 | Account Type: Saving, MICR Number: 110015011 | IFSC Code(RTGS/NEFT) - CNRB0000350
SWIFT Number: CNRBINBBDGP

NOTE: Nomination / Participation will be considered as accepted only if full fees is paid as per accepted terms.